

S E R M O N   N O T E S

May 31, 2026

**Family Sunday**

Psalm 127

*A song of ascents. Of Solomon.*

**1** Unless the Lord builds the house, the builders labor in vain.  
Unless the Lord watches over the city, the guards stand watch in vain.

**2** In vain you rise early and stay up late, toiling for food to eat—  
for he grants sleep to those he loves.

**3** Children are a heritage from the Lord, offspring a reward from him.

**4** Like arrows in the hands of a warrior are children born in one's youth.

**5** Blessed is the man whose quiver is full of them.  
They will not be put to shame when they contend with their opponents in court.